

## **Invitation to participate in “A Decision Support Tool to Prescribe Recreation Activities to Older Adults in Social Isolation (ROSI)”**

I am writing to invite you to participate in an exciting research project titled "A Decision Support Tool to Prescribe Recreation Activities to Older Adults in Social Isolation (ROSI)." As a Ph.D. candidate in Digital Transformation & Innovation at the University of Ottawa, I am conducting this study to develop a tool to assist retirement living staff in recommending suitable recreational activities to older adults experiencing social isolation. In this research, we consider someone as a social prescriber if they have experience working directly with seniors for at least one full year in areas like recreation, healthcare, social work, or senior-focused research, and is comfortable answering questions in English. These qualifications determine who can participate in the study.

Your participation in this research is highly valued, as your insights and experiences can contribute to the co-creation of better tools for recreation prescription. By sharing your preferences and requirements, you can help improve the well-being of older adults in social isolation. Participation in the project involves completing one in-depth interview, which will take approximately 45 to 60 minutes. The interview will be conducted remotely via Zoom or telephone, ensuring convenience and flexibility.

Your privacy and confidentiality will be strictly maintained, and you can choose not to answer any question or withdraw from the study at any time without consequences.

If interested, please indicate your consent by contacting nbaga065@uottawa. Participants will be selected on a first-come, first-served basis.

Thank you for considering this invitation.

Best regards,  
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647-629-0300  
Digital Transformation & Innovation  
University of Ottawa  
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