



## Why We Need More Home Care Science: Understanding the Evolving Nature of Home Care and Its Crucial Role in Supporting Population Health

Wednesday, April 30, 2025 | 12PM - 1PM | Virtual



**Dr. Sandra McKay**  
Vice President,  
Research & Innovation  
VHA Home HealthCare

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Publicly-funded home care plays a vital role in protecting the integrity of the entire healthcare system. Today's home care sector supports increasingly complex clients, including children with medical complexities, those recovering from hospital stays and older adults with cognitive impairments, helping them all to stay healthy and well at home where we all want to be. Their care is provided, sometimes over a few visits and other times over many years, by a wide range of specialized clinicians who must adapt to unanticipated circumstances in this unique care setting. Sandra McKay, PhD, MBA, an embedded home care scientist, uses a rich data set to highlight what home care looks like today and the essential role home care research plays in evolving this work, for the benefit of clients, providers and our health system.

Dr. Sandra McKay is Vice President, Research & Innovation at VHA Home HealthCare (VHA), a leading not-for-profit home care organization in Ontario. Dr. McKay is committed to making contemporary home care data accessible to enhance healthcare system performance. She leads a team of home care scientists dedicated to research designed to inform better care for clients and a safer work environment for providers at VHA and across the health care sector.

Sandra is an Affiliate Scientist at The Institute for Education Research (TIER) & The Michener Institute through University Health Network; an Assistant Professor at the Institute of Health Policy Management & Evaluation, University of Toronto; is an Associate Professor at Ted Rogers School of Business, Toronto Metropolitan University. Sandra is also the Vice-Chair of the Canadian Standards Association's Technical Standards Committee for Home and Community Care. [Learn more about Research and Innovation at VHA.](#)