

MEDIA ADVISORY

Thornhill retirement community celebrates seniors' *Amazing Life Stories*

VIVA Thornhill Woods Retirement Community is proud to announce VIVA's *Amazing Life Stories* Contest in honour of International Day of the Older Adult. Participants are encouraged to submit short stories about an important older adult in their life who experienced an amazing life story, such as a great escape, long lost love, or towering success.

- **Grand Prize:** \$1,500 Visa gift card, gourmet dinner party for eight and an all-inclusive three-day stay in a fully-furnished hospitality suite at VIVA Thornhill Woods.

- **Contest Details:**
 - Nominate yourself or someone you know who is 65+
 - Entries must be 500 words maximum.
 - Entries can be submitted in person or by email to reesa.soto@vivalife.ca by September 23, 2013.

The winner will be announced at VIVA Thornhill Woods' Day of the Older Adult celebration on October 1, 2013. Ten finalists will be presented and a Grand Prize Winner will be selected by a panel of guest judges, including local historian Gerry Zeidenberg.

ABOUT VIVA THORNHILL WOODS RETIREMENT COMMUNITY

VIVA Thornhill Woods Retirement Community is revolutionizing senior housing in Vaughan, Ontario. Focused on promoting healthy and active lifestyles, VIVA Thornhill Woods offers Independent and Assisted Living rental suites ranging in size from studio to two-bedroom. All suites include three healthy VIVAlicious meals per day and access to a complete selection of exclusive amenities, such as an on-site wellness spa with an indoor heated saltwater pool, VIVAp/lex movie theatre, and the organic *Victory Garden* with raised planters for ache-free gardening. VIVA Thornhill Woods Retirement Community is operated by Canadian-owned VIVA Retirement Communities, an innovative developer and manager of rental [retirement communities](#) across Ontario, based in Toronto.

MEDIA INQUIRIES:

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